

POOL COURSES / SUMMER SESSION

Session 1: June 25 to July 20: Online registrations: 7 p.m., Monday, April 30
Session 2: July 23 to August 17: Online registrations: 7 p.m., Thursday, July 19

IMPORTANT

The health form must be completed prior to registration for pool lessons. You can complete it ahead of time. Course descriptions and the health form are available in the website's Online Assistance section at www.ville.rosemere.qc.ca, under Activities and Recreation, then Registrations – Recreational activities and garage sales.

It is **IMPORTANT** to put your name on the online registration site's waiting list to maximize your chances of being accepted in the desired course.

WEEKDAY CLASSES				
Every Tuesday, Wednesday and Thursday				
Levels	Schedules	Fees	Participants	Prerequisites
Starfish 4-12 months (Parent-child)	10:30 to 11 a.m.	\$46 / session	min. 4 / max. 16	
Duck 12-24 months (Parent-child)	10:30 to 11 a.m.	\$46 / session	min. 4 / max. 16	
Sea turtle 24-36 months (Parent-child)	10:30 to 11 a.m.	\$46 / session	min. 4 / max. 16	
Sea Otter Age 3 (Parent-child)	10:30 to 11 a.m.	\$46 / session	min. 4 / max. 16	
Salamander Age 3 Transition (with and without parent)	10:30 to 11 a.m.	\$46 / session	min. 4 / max. 16	Successful completion of Sea Otter or age 4-6 and able (with a floating aid) to swim, glide and float on stomach and back and to put head in water.
Sunfish Age 3 (without parent)	9:30 to 10 a.m. or 10 to 10:30 a.m.	\$46 / session	min. 3 / max. 5	Successful completion of Salamander or age 4-6 and able (with a floating aid) to enter the water alone, float and glide on front and back, and swim on front and back over a distance of 2 meters.
Crocodile Age 4-6 (without parent)	9:30 to 10 a.m. or 10 to 10:30 a.m.	\$46 / session	min. 3 / max. 5	Successful completion of Starfish or age 4-6 and able to jump into water, float on front and back, and swim on front over a distance of 5 meters. Must swim without a floating aid at end of session.
Junior 1 Age 5 and over	9 to 9:30 a.m. or 10 to 10:30 a.m.	\$46 / session	min. 3 / max. 6	Must be at least 6 years of age
Junior 2 Age 5 and over	9 to 9:30 a.m. or 10 to 10:30 a.m.	\$46 / session	min. 3 / max. 6	Junior 1 completed or age 5 and can jump in water, float on front and back, and glide on front and back with kicks, without a floating aid.
Junior 3 Age 5 and over	9 to 9:45 a.m.	\$46 / session	min. 3 / max. 6	Junior 2 completed or at ease in deep water and able to breathe rhythmically specific for the crawl (on side), swim 10 meters continuously, and swim front crawl 5 meters with flutter kicks (straight legs).
Junior 4 Age 5 and over	9 to 9:45 a.m.	\$46 / session	min. 3 / max. 6	Junior 3 completed or able to swim front crawl at least 10 meters (brings the arms above the water) and swim 15 meters continuously
Junior 3/4 Age 5 and over	10:15 to 11 a.m.	\$46 / session	min. 3 / max. 6	See Junior 3 or Junior 4 pre-requisite above
Junior 5/6 Age 5 and over	10 to 10:55 a.m.	\$46 / session	min. 4 / max. 8	Junior 5: Junior 4 completed or 8 years old minimum who is able to swim front and back crawl at least 5 meters and swim 25 meters continuously at crawl.
Junior 5/6 Age 5 and over	11 to 11:55 a.m.	\$46 / session	min. 4 / max. 8	Junior 6: Junior 5 completed or able to swim fronts and back crawl at least 25 meters, dive and swim 50 meters continuously.
Junior 7/8 Age 5 and over	9 to 9:55 a.m.	\$46 / session	min. 4 / max. 8	Junior 7: Had successfully passed previous level. Junior 8: Had successfully passed previous level.
Junior 9/10 Age 5 and over	9 to 9:55 a.m.	\$46 / session	min. 4 / max. 8	Junior 9: Had successfully passed previous level. Junior 10: Had successfully passed previous level.

SATURDAY CLASSES

Levels	Schedules	Fees	Participants	Prerequisites
Starfish 4-12 months (Parent-child)	9 to 9:30 a.m.	\$46 / session	min. 4 / max. 8	
Duck 12-24 months (Parent-child)	9 to 9:30 a.m.	\$46 / session	min. 4 / max. 8	
Sea turtle 24-36 months (Parent-child)	9 to 9:30 a.m.	\$46 / session	min. 4 / max. 8	
Sea Otter Age 3 (Parent-child)	9 to 9:30 a.m.	\$46 / session	min. 4 / max. 8	
Sunfish Age 3 (without parent)	9:30 to 10 a.m.	\$46 / session	min. 3 / max. 5	Successful completion of Starfish or age 4-6 and able to jump into water, float on front and back, and swim on front over a distance of 5 meters. Must swim without a floating aid at end of session.
Junior 3/4 Age 5 and over	9:30 to 10 a.m.	\$46 / session	min. 3 / max. 6	See Junior 3 or Junior 4 pre-requisite above.

SUNDAY CLASSES

Levels	Schedules	Fees	Participants	Prerequisites
Crocodile Age 4-6 (without parent)	9 to 9:30 a.m.	\$46 / session	min. 3 / max. 5	Successful completion of Starfish or age 4-6 and able to jump into water, float on front and back, and swim on front over a distance of 5 meters. Must swim without a floating aid at end of session.
Junior 1/2 Age 5 and over	9:30 to 10 a.m.	\$46 / session	min. 3 / max. 6	Must be at least 6 years of age Junior 2: Junior 1 completed or age 5 and can jump in water, float on front and back, and glide on front and back with kicks, without a floating aid.
Junior 5/6 Age 5 and over	10 to 10:30 a.m.	\$46 / session	min. 4 / max. 8	Junior 5: Junior 4 completed or 8 years old minimum who is able to swim front and back crawl at least 5 meters and swim 25 meters continuously at crawl. Junior 6: Junior 5 completed or able to swim fronts and back crawl at least 25 meters, dive and swim 50 meters continuously.

SPECIALIZED CLASSES

Every Tuesday, Wednesday and Thursday

Levels	Schedules	Fees	Participants	Prerequisites
Competition team (Online registrations: 7 p.m., Monday, April 30)	12 to 12:55 p.m.	Resident 52 \$GAMIN 72\$	6 girls and 6 boys per age bracket	Successful completion of Junior 4, Rosemère residents will have priority. Age 6 as of June 1 st (evaluation on site)

LIFE-SAVING CLASSES

Levels	Schedules	Fees	Participants	Prerequisites
Bronze star (optional)	Tuesday, Wednesday, Thursday 11 to 11:55 a.m.	\$46 / session	min. 4 / max. 8	Age 11 and over, junior 6 completed.
Bronze Medallion (1st classes mandatory to become a lifeguard)	July 5-6-7-8-10-13 4 to 8 p.m. July 13 (exam) 9 a.m. to 12 p.m.	\$157	min 4 / max 15	To be at least 13 years old at the final evaluation; Junior 8 completed; Required: Canadian Lifesaving Manual, pocket mask.
Bronze cross (2 nd classes mandatory to become a lifeguard)	July 17-18-25-26-27 4 to 8 p.m. July 28 (exam) 4 to 8 p.m.	\$168	min 4 / max 15	To hold the Bronze Medallion award; Required: Canadian Lifesaving Manual, pocket mask.
National lifeguard (4th and last classe mandatory to become a lifeguard)	August 11-12 - 8 a.m. to 1 p.m. August 17 - 5 h to 9 p.m. August 18-19 - 8 a.m. to 1 p.m. August 24 - 5 to 9 p.m. August 25-26 - 8 a.m. to 1 p.m. August 31 - 4 to 9 p.m.	\$220	min. 6 / max 15	To be at least 16 years old at the final evaluation; To hold a Bronze Cross award; To hold a Standard First Aid/AED or an Aquatic Emergency Care/AED award; Required: manual Alert: Lifeguarding in action, pocket mask, whistle.
Lifesaving instructor (optional)	June 26 - 8 to 11 a.m. June 27 - Online July 16 - 8:30 to 11: 30 a.m. July 24 to august 17 (Tuesday, Thursday 9 a.m. to 12 p.m.)	\$302	min. 6 max 12	To be at least 15 years old at the final evaluation; To hold a current Bronze Cross award ; Required: Lifesaving instructor material, including workbook, online access and certification.