



The West Nile Virus is here. You must protect yourself!

The West Nile Virus, or WNV, is transmitted by mosquitoes. While in most cases, it is benign, it can cause serious diseases in people of all ages, regardless of the state of their health. In 2012, a substantial increase in the number of mosquitoes carrying this virus was noted, and several cases of infections among humans were reported in Québec. In August, 2013, the firm of *GDG Environnement* detected the presence of this virus in samplings of **mosquitoes from Rosemère**.

Under the circumstances, we urge our residents to protect themselves against the WNV by taking the following measures:

- Protect against stings by wearing light-coloured clothing that covers the arms and legs.
- Use insect repellent according to the manufacturer's instructions.
- Keeps screens and screen doors closed.
- Eliminate mosquitoes that are indoors.
- Be particularly vigilant in damp and shaded areas during the day.
- Be vigilant evenings and nighttime, even if mosquitoes are not visible or annoying.

It is also important for you to ensure that areas around your house do not favour the reproduction of mosquitoes. A regular inspection will allow you to empty water that may have accumulated in toys, pails, tools and garden furniture. Inspecting and cleaning eavestroughs can also help you avoid mosquitoes at home.

For additional information, go to the following Government of Québec websites:

<http://sante.gouv.qc.ca/en/problemes-de-sante/virus-du-nil/>

<http://sante.gouv.qc.ca/en/conseils-et-prevention/se-proteger-des-piqures-de-moustiques/>

http://www.msss.gouv.qc.ca/sujets/santepub/environnement/index.php?accueil_en